

2022 SUMMER YOUTH CAMPS (\$30 EACH OR 3 FOR \$75)

Minimum of 10 participants per Camp required

TRACK & FIELD: June 27 - July 1

(Grades 1-6: 9:00 AM - 10:30 AM)

OFA Track Coach, John Tebo will conduct a track camp for boys and girls grades 1 - 6. Activities include: high and long jump, shot put, discus, hurdles and relays. Camp to be held at OFA track.

TUMBLING: July 11-15

(Ages 4-6: 1:00 PM - 2:15 PM)

(Ages 7-12: 2:15 PM - 3:30 PM)

Jackie Pinkerton will conduct gymnastics for boys and girls ages 4-12. Activities include: balance beam, spring board and floor exercise. Camp to be held at Lockwood Arena.

SOCCER: July 11-15

(K-2: 9:00 AM - 10:00 AM)

(Grades 3-6: 10:00 AM - 11:00 AM)

Renee Tebo will offer instruction in all phases of soccer for boys and girls grades K-6 to enhance skills through small group instruction. Camp to be held at Montroy Park.

MUSEUM TO STUDIO: PAINTING WITH

REMINGTON: July 11 - 15

(Ages 12 & Up : 10:00 AM -11:30 AM)

Learn why artists love museums! This class uses the galleries of the Frederic Remington Art Museum to help you develop your drawing and painting skills. At the Museum we'll study how Remington and other artists use composition, color, line, and other elements to create a work of art. And in the painting studio you'll learn about setting up a still life, applying color theory, brush techniques, under painting, and more. At the end of the week we'll have a mini exhibit of student paintings, and you'll walk away with a finished canvas. Camp to held at Frederick Remington Art Museum and Dobisky Center

CHEER CAMP: July 18-22

(Ages 4-7: 9:00 AM - 10:15 AM)

(Ages 8-12: 10:30 AM - 11:45 AM)

OFA Coach, Tori Peabody will conduct Cheer Camp for boys and girls ages 4 -12. Training includes cheers, dances, jumps, stunts, and gymnastics. Camp to be held at the Lockwood Arena.

SOFTBALL: July 18 - 22

(Grades 1-3: 9:00 AM - 10:00 AM)

(Grades 4-6: 10:00 AM - 11:00 AM)

Nichole Kennedy will conduct a Softball camp for boys and girls grades 1 - 6 . This camp will stress development of hitting, fielding and pitching. Camp to be held at Montroy Park. Equipment Required: Glove (Bats and helmets optional)

LACROSSE: July 25 - 29

(9:00 AM - 10:30 AM)

Chelsea Martin will conduct lacrosse camp for boys and girls ages 6-12. Training will include passing, catching, attack, defense, and goaltending. Camp to be held at Father Martin Field. Equipment required: lacrosse stick

BASKETBALL: July 25 - 29

(K-3: 9 AM -10 AM)

(Grades 4-6: 10 AM - 11 AM)

Trent Sargent and Shannon LaFave will conduct basketball camp for boys and girls grades K-6. Activities will include skills development: passing, dribbling, and shooting. Intramural games will be played. Camp to be held at the outdoor courts at Father Martin Field.

REGISTRATION FORM IS SEPARATE FROM FLYER

Per NYS Guidelines, masks will be optional during camps

OFF ICE SKILLS: August 1 - 5

(9:00 AM - 10:00 AM)

OFA Varsity Coach, John Fredericks will direct an off-ice hockey camp for boys and girls ages 8 - 12 . This camp will include conditioning, shooting, hand and eye coordination and skill drills to get ready for the ice. Camp to be held at Lockwood Arena.

Equipment required: hockey stick, hockey gloves

WRESTLING CAMP: August 1-4 (6:00 -7:30 PM)

Contact Ricky Ledwith at 315.869.3318 for details.

BASEBALL: August 8 - 12

(Grades K - 3: 1:00 - 2:00 PM)

(Grades 4 - 6: 2:00 - 3:00 PM)

Brooks Brenno will conduct a baseball camp for boys and girls grades K-6. This camp will stress development of hitting, field-ing and pitching. Camp to be held at Montroy Park. Equipment Required: Glove (Bats and helmets optional)

VOLLEYBALL: August 8 - 12

(Grades 3-6: 3:00 PM - 4:30 PM)

Elizabeth Testani will conduct volleyball camp for boys and girls grades 3 - 6. This camp will introduce the fundamentals of player formation, passing, receiving, setting, hitting and service. Camp to be held at Lockwood Arena.

